



**2022-23**  
**UIL SOCCER CCP**



# AGENDA

- UIL Information
- Sport Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information



**Director of Athletics:  
Dr. Susan Elza**



**Assistant AD:  
AJ Martinez**



**Assistant AD /  
Soccer Director:  
Joseph Garmon**



**Assistant AD:  
Brandy Belk**



***Athletic Staff***

# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



2022-2023 FROM JUNE 2022 COUNCIL

# Changes and Amendments:

## GENERAL

- Section 1206 – School Practice and Game Restrictions- The language for off-season and summer strength and conditioning has been updated in the C&CR.
- Section 1206, School Practice and Game Restrictions – An update was made to a P.E. class and a class added to the list of courses for which there is an exception to the UIL rule that limits enrollment in physical education (PE) courses during the school day (Lifetime Recreation and Outdoor Pursuits replaces Adventure/Outdoor Education; Innovative Course: Team Sports Officiating was added).
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2022-23, travel reimbursements for sport officials has been increased by \$5.00.
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)
- Reclassification/Realignment – Allows UIL staff to place charter schools no more than one conference higher than the charter school's enrollment qualifies. (previously, was lowest enrolled school within ISD attendance boundary where charter school is located)



UPDATES FROM OCTOBER 2021 COUNCIL

# What's New...

- Water Polo – Starts August 1<sup>st</sup>
- Swim/Dive – 4A & below conference
- 1A / 2A Volleyball – alignments splitting
- TABC Showcase – one-year pilot for boys basketball (Revisit in October Council)







Athletic Staff Responsibilities

# 2022-2023 WHO DOES WHAT NOW?

Joseph Garmon

Team Tennis

Cross Country

Basketball

Soccer

Spring Tennis

Track & Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Brandy Belk

Volleyball


Spirit

Swim & Dive

Basketball

Softball

CCP/Athletic  
Policy

The logo for the University Interscholastic League (UIL) Soccer. It features the letters 'UIL' in a bold, blue, sans-serif font. A red five-pointed star is positioned above the 'I'. The 'U' contains a white silhouette of the state of Texas. To the right of the 'UIL' logo, the word 'SOCCER' is written in a large, bold, black, sans-serif font.

# UIL SOCCER

- Soccer Date Games
- Coaches Reminders
- Player Ejections
- Practice Regulations
- Allowable Contests
- Scrimmage & Game Regulations
- Rescheduling Games
- **New:** Official UIL Soccer ball
- Coaches Checklist





2022-23

# SOCCER DATES

November 28 - First day of practice

December 9- First day for interschool scrimmages

December 29- First day for interschool games

March 21- District certification deadline

March 25- Bi-district deadline

March 28- Area deadline

April 1- Regional quarterfinal deadline

April 7-8- Regional tournament

**April 12-15– UIL State Soccer Tournament**

## COACHES REMINDER

# 2022-2023 COACHES REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **Summer Regulations** – Monday-Friday, S&C plus 90 minutes of sport specific instruction, not to exceed 60 minutes in any one sport.
- **Strength & Conditioning During School Year** – Allows for 60 minutes of S&C outside the school day for sports that are in off-season. This time may be used all year. No sport specific instruction is allowed during this time.
- **Checklists** - Checklists for every sport have been created. All links are live and will take you right to the information you are looking for. Checklists are on each sports manual page.
- **Live streaming** - During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.

YEARLY UPDATE

# 2022-2023 PLAYER EJECTIONS

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
  - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
  - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
  - Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
  - Any player ejected from a contest is subject to an automatic penalty as described above. Player ejections **cannot** be overturned by a game official and/or chapter. If a coach has a question following a contest with a player ejection, the coach should contact UIL.

# PRACTICE REGULATIONS **IN-SEASON**

## School is In-Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)

# PRACTICE REGULATIONS OFF-SEASON

## School is In-Session

- **Strength & Conditioning Instruction** – teams in the off-season are allowed one hour of strength & conditioning instruction outside of the school day.
  - Athletes may only attend one, 1-hour session each day, Monday-Friday.
  - No skill instruction or equipment is allowed during this hour of S&C instruction.
- **Skill Instruction** - is only allowed during the athletic period for off-season sports.



# ALLOWABLE CONTESTS

## 2022-23

- 0 Tournaments and 21 Matches or
- 1 Tournament and 19 Matches or
- 2 Tournaments and 17 Matches or
- 3 Tournaments and 15 Matches

**~ 2 games may be substituted for a tournament ~**

# SCRIMMAGE REGULATIONS

- **December 9<sup>th</sup> – *first day allowed for scrimmages.***
- **Soccer teams are limited in scrimmages to two scrimmages per calendar week prior to games starting.**
- No scrimmages may be played after a team's first interschool game.
- ***Scrimmages may have not more than four teams scrimmaging one another at the same site.*** If more than four teams are invited to a scrimmage, each team may only scrimmage three different teams.







Games allowed per week

# **GAME REGULATIONS: SOCCER**

**School Week vs Calendar Week – 1 contest per school week**

## **Games Allowed per Week**

- 2 matched games or;
- 1 matched game and a tournament

## **Double header (2 varsity games, JV & V, etc.)**

- Can be played on a Tuesday but athlete cannot play again in that calendar week (M-Sa)
- If one game is played on Tuesday, a doubleheader cannot be played on Friday, only one game left for week.



# UIL CONTEST REGULATIONS

- High School – one contest per *school week*:
  - See specific sport for calendar week limits.
  - Per activity - per student
- Junior High – one contest per *calendar week*:
  - See specific sport for week limits

## DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- Calendar Week: 12:01 am Sunday to Midnight Saturday
- School Week: 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week

# RESCHEDULING GAMES CANCELED DUE TO WEATHER

- District varsity contests postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams ***may not*** play postponed matches / games as an exception to the school week.



# GAMES RESCHEDULED: EXAMPLE

- Next available date (that another district game is not scheduled)
  - Game scheduled for Friday, postponed due to icy roads
    - Next available date is Saturday
    - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
    - If weather still exists on Saturday, can push to Monday...district administration determines this.



# **NEW:** OFFICIAL UIL SOCCER BALL 2022-23 UPDATES

## **Baden Perfection Thermo**

- used for regional and state tournaments.
- No other requirement to use.



PERFECTION THERMO  
SOCCER BALL  
ST7

# 2022-2023: CHECKLISTS



## UIL Coaches' Checklist Soccer 2022-23

	CHECKLIST	REFERENCE	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Print and review Soccer Manual	<a href="#">Soccer Manual</a>	Prior to 1 <sup>st</sup> Practice
	Update Coach's Name in MaxPreps	<a href="#">MaxPreps</a>	Beginning of School Year
	UIL yearly coaching requirements (CCP & TDC) (manual, p. 9)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
	Student participation required forms. Keep on file. (manual, p. 11)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file. (manual, p. 11)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 10)	<a href="#">C.A.C.R. Sec. 490 &amp; 491</a>	Prior to 1 <sup>st</sup> Practice
	Review Soccer Plan (manual, p. 8)	<a href="#">Soccer Plan</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes (manual, p. 5-6)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
	Review NFHS rule changes (manual, p. 7)	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
	Complete PAPPs and file with UIL Office • Apply/Complete any necessary Waivers and file with UIL.	<a href="#">PAFF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
	Submit Individual Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
✓	<b>REGULAR SEASON</b>		
	First day of practice		November 29
	First day for interschool scrimmages		December 10
	First day for playing interschool games		January 3
	Update schedule and record on MaxPreps	<a href="#">MaxPreps</a>	Ongoing
✓	<b>POST-SEASON</b>		
	Print and review Post Season Handbook	<a href="#">Post Season Handbook</a>	
	District Certification by District Chair	<a href="#">Certification Form</a>	March 22
	Advancing team's coach must report scores on MaxPreps	<a href="#">MaxPreps</a>	

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.



# OTHER REMINDERS



- JH/MS REGULATIONS
- SUMMER INSTRUCTION
- SCHOOL SPONSORED CAMPS
- PLAYING RULE CHANGES
- COACHES TRAINING REQUIREMENTS
- STUDENT PARTICIPATION: REQUIRED FORMS

*"I didn't know what the outcome would be but I committed to the purpose."*





# GENERAL REGULATIONS JUNIOR HIGH / MIDDLE SCHOOL

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **ONE** contest in a calendar week, can also play a tournament in same calendar week.
- **Length of Season**: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.

SKILL SPECIFIC and STRENGTH & CONDITIONING

# 2022-2023 SUMMER INSTRUCTION

- **Limitations:** Sessions for both strength & conditioning and sport specific skill instruction may be conducted by school coaches for students in grades 7-12 from that coaches attendance zone.
- A ***strength and conditioning session*** shall be no more than two hours per day, Monday through Friday. A student shall attend no more than one session per day.
- ***Sport specific skill instruction*** may be conducted in addition to the strength and conditioning session(s), and a student shall attend no more than 90 minutes per day of sport specific skill instruction with no more than 60 minutes per day in a given sport, Monday through Friday.
- Further details are on the [UIL Athletic Homepage](#)





# 2022-2023 SCHOOL SPONSORED CAMPS

***School Year Limitations:*** For students in *grades six and below*: two camps are allowed, per sport, during the school year.

***Summer Limitations:*** For all students with the exception of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)

# KNOW THE RULES

- Make sure you have a sport rule book ( , , ,  ).
  - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
  - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
  - **NEW:** Starting with the 2022-23 school year manuals will be digital and can be found on the left-side menu on your sports page.
  - Information is organized in an easy-to-find manner.
- Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.



# NFHS RULE CHANGES: 2022-23

- **4-2-2-** Hair adornments such as beads are permitted if they are secured to the head and do not pose a safety risk.

**Rationale:** This change clarifies that hair adornments (such as beads) and other hair control devices can be worn in the hair if they are secured to the head and do not endanger themselves, teammates or other players as well as being more inclusive of participants' cultural and religious beliefs.

- **7-1-3-** Language regarding state association flexibility in finishing suspended game was added.

**Rationale:** The change permits states to adopt procedures to require the game to be played in its entirety (for post-season or regular season seeding play), without a conflict with the current complete game rule. This would also be consistent with many other NFHS playing rules in other sports.



# NFHS RULE CHANGES: 2022-23

- **10-1-2f-** Removed the word “throw” to clarify a goal cannot be scored this way.

**Rationale:** This change removes the word “throw” to clarify a player cannot score by throwing, and or propelling the ball by handling into the goal.

- **12-2-** Clarification is provided for where the arm ends when handling the ball.

**Rationale:** For the purpose of determining handling offenses, the rules committee further clarified where the arm ends. The intent of this change was to help support officials when determining handling the ball and offside infractions.



# NFHS RULE CHANGES: 2022-23

- **14-1 Penalty:** Defines that an indirect free kick is awarded the defending team for an improper penalty kick.  
**Rationale:** Penalizes the kicking team for not kicking the ball forward on penalty kick.
- **17-1-2:** Defines proper distance for the opposing team from a corner kick restart.  
**Rationale:** Clarifies the proper distance for the opposing team on a corner kick.





# COACHES EDUCATION AND TRAINING REQUIREMENTS

## STATE LAW

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



# COACHES EDUCATION AND TRAINING: REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - Football Coaches ONLY – Best Practices in Tackling certification
  - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact

# STUDENT PARTICIPATION: **REQUIRED FORMS**

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form

# **UIL ELIGIBILITY**

# ELIGIBILITY: 1<sup>st</sup> Six Weeks Of School Year

- **Grades nine and below** - promoted
- **Second Year of High School** – five accumulated credits
- **Third Year of High School** - ten accumulated credits or five credits within the last twelve months
- **Fourth Year of High School** - fifteen accumulated credits or five credits within the last twelve months



# ELIGIBILITY: **Sub-varsity & Junior High**

An individual is eligible to participate if they are...

## Sub-Varsity Eligibility

- Full time student
- Academically eligible

## Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition

# ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form





# ELIGIBILITY: **PAPF** (Previous Athletic Participation Form)

- *Required for All NEW students in grades 9-12 who have:*
- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the varsity level at the new school
- Submitted to the UIL office.

***\*\*A PAPF does not have to be 'filed' in the UIL office before a student can participate, it only needs approval from the DEC.\*\****



# **UIL CONTACTS**



## **UIL Director of Athletics**

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